

ONE MONTH BEFORE THE MOVE	THE DAY BEFORE THE MOVE
\square Make arrangements to hire a mover or rent a truck.	\square Do a final check of closets, cabinets and drawers.
☐ Make babysitting and/or pet care arrangements for moving day.	☐ Make sure you have enough cash on hand for the move.
\square File a change of address form at the post office.	□Take out all trash.
☐ Change address on all newspaper and magazine subscriptions.	☐ Fully charge all cell phones. ☐ Touch base with movers or truck rental for a final
Arrange for the transfer of all medical, dental and school records.	confirmation of arrangements. THE DAY OF THE MOVE Exchange contact information with the movers in case you need to get in touch with them while in route. Include your old/new address, cell phone number and directions to new location. Keep jewelry and other valuables with you, in a box that you move yourself.
☐Transfer medical, property, fire and auto insurance.	
Organize all move-related documents in one place, such as a folder or binder.	
TWO WEEKS BEFORE THE MOVE	
Cancel or transfer all utilities (water, gas, electric, telephone, TV/cable/satellite/Internet service).	
Check with your provider about cell phone service in your new location.	Prepare a box of supplies that you will need right away on move-in day, such as cleaning supplies, snacks & beverages, toiletries, bath and bedding items, trash bags, disposable dishes, pet food, cell phone chargers, prescriptions, eyeglasses, changes of clothing, etc.
☐Transfer prescriptions to a pharmacy near your new location.	
☐Transfer bank accounts.	
Collect or purchase all packing supplies; boxes, wrapping paper, bubble wrap, labels, markers, box cutters or scissors and packing tape.	☐ Do a final check before locking the doors. Confirm that you have turned off the furnace/air conditioner, lawn sprinklers and light switches. Have you turned over or left the keys and garage door openers?
☐ Pack up items in garage, attic and storage areas.	
☐ Confirm arrangements with movers or truck rental.	
ONE WEEK BEFORE THE MOVE Begin packing boxes, labeling each as you fill it.	
Empty, defrost and clean refrigerator, freezer and stove.	
Return all rented movies, library books, video games, etc.	
Pick up anything outstanding such as dry cleaning, prescriptions, etc.	